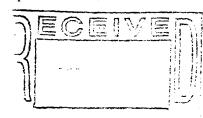


90 Orville Drive, Bohemia, NY 11716-2510 # Phone: (631) 567-9500 # Fax: (631) 218-7480

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September 19th, 2000

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Multi Carotenoids supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Your body is subject to the cell-damaging effects of free radicals natural by-products of the body's daily metabolism.
- Antioxidants play a role in protecting the body from the destructive nature of free radicals.
- Carotenoids are fat-soluble antioxidants found in a rainbow of fruits, vegetables, and some flowers.
- Lycopene possesses antioxidant properties which help neutralize free radicals in cells.
- Lutein has antioxidant properties and is found in the macula of healthy eyes.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

975.0162

Let 5928 73066